Reduction factors for strongly coupled orbital triplet Jahn-Teller systems I. T\&e and T\&t JahnTeller systems

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# Reduction factors for strongly coupled orbital triplet Jahn-Teller systems: I. T $\otimes \mathbf{e}$ and $\mathbf{T} \otimes \mathbf{t}$ Jahn-Teller systems 

C A Bates and J L Dunn<br>Physics Department, The University, Nottingham NG7 2RD, UK

Received 19 September 1988


#### Abstract

A method of studying strongly coupled Jahn-Teller (JT) systems involving a unitary transformation and energy minimisation procedure is used to obtain analytical expressions for the first- and second-order $J \mathrm{~T}$ reduction factors of $\mathrm{T} \otimes \mathrm{e}$ and $\mathrm{T} \otimes \mathrm{t}$ Jt systems. The results obtained for $\mathrm{T} \otimes \mathrm{e}$ JT systems are found to be identical to those of previous calculations. The values of the resulting expressions for the first-order reduction factors in $\mathrm{T} \otimes \mathrm{t}$ JT systems are compared to those of existing numerical calculations. The effect of anisotropy on the first-order $\mathrm{T} \otimes \mathrm{t}$ reduction factors will also be investigated.


## 1. Introduction

It is well known that Jahn-Teller (JT) effects in solids can be observed by the reduction of some of the electronic parameters appearing in effective Hamiltonians. The reductions in first-order terms may be much larger than those in second-order terms, such that second-order effects can dominate. Hence it is important to be able to calculate both first- and second-order JT reduction factors for such systems. The results are particularly useful for the modelling of magnetic impurity ions in semiconductors, which often exhibit very strong JT effects (Bates and Stevens 1986; Clerjaud 1985, 1986).

The idea of JT reduction factors was first developed by $\operatorname{Ham}(1965,1972)$ and O'Brien (1969). Since then, many papers have been published describing both calculations and measurements of reduction factors (see Bates (1978) for a review of the early publications in this area). Although reduction factors for $\mathrm{T} \otimes \mathrm{e} \boldsymbol{J T}$ systems can be calculated analytically (Ham 1965), reduction factors for $T \otimes t, T \otimes\left(e+t_{2}\right)$ and $E \otimes e$ JT systems can only be obtained using approximate methods. Furthermore, second-order reduction factors do not appear to have been calculated for either $T \otimes t$ or $T \otimes\left(e+t_{2}\right)$ JT systems.

The present authors recently devised a new method for calculating JT effects in orbital triplets which are strongly coupled to e- and/or $\mathrm{t}_{2}$-type phonon vibrations. The basic theory of this method, which involves a unitary transformation and energy minimisation procedure, is given in Bates et al (1987), together with a detailed analysis of the $T \otimes\left(e+t_{2}\right)$ JT system. A second paper (Dunn 1988) presents further information on the general method and discusses the $\mathrm{T} \otimes \mathrm{t} \mathrm{JT}$ system in detail. The theory was extended for both $T \otimes t$ and $T \otimes\left(e+t_{2}\right)$ JT systems by adding corrections, which give rise to anisotropic effects (Dunn and Bates 1989a). The aim of the present paper is to use the unitary transformation method to calculate both first- and second-order JT reduction
factors for $\mathrm{T} \otimes \mathrm{e}$ and $\mathrm{T} \otimes \mathrm{t} \mathrm{JT}$ systems. It will be shown that the method reproduces exactly the well known results for $T \otimes$ e JT systems. New results for $T \otimes t$ JT systems will be obtained by taking account of the anisotropic corrections. The values of the firstorder reduction factors both with and without anisotropy will be compared to published numerical results. Reduction factors for $T \otimes\left(e+t_{2}\right)$ JT systems are calculated in the following paper (Dunn and Bates 1989b).

Throughout this paper, it will be assumed that the coupling to the weaker of the eand $t_{2}$-type modes is sufficiently quenched to play no part in the calculations. The results presented are for $T_{1}$ ions in $T_{d}$ symmetry, although corresponding results for $T_{2}$ ions can be obtained by appropriate interchanges of the symmetry labels.

## 2. Background theory

The vibronic Hamiltonian $\mathscr{H}$ for a $T_{1}$ ion in a tetrahedral cluster coupled linearly to the e-type displacement modes $Q_{\theta}$ and $Q_{\varepsilon}$ and to one set of $\mathfrak{t}_{2}$-type modes $Q_{4}, Q_{5}$ and $Q_{6}$ can be written in the form

$$
\begin{equation*}
\mathscr{H}=\mathscr{H}_{\mathrm{int}}+\mathscr{H}_{\mathrm{vib}} \tag{2.1}
\end{equation*}
$$

where

$$
\mathscr{H}_{\mathrm{int}}=V_{\mathrm{E}}\left(Q_{\theta} E_{\theta}+Q_{\varepsilon} E_{\varepsilon}\right)+V_{\mathrm{T}}\left(Q_{4} T_{y z}+Q_{5} T_{z x}+Q_{6} T_{x y}\right)
$$

and

$$
\mathscr{H}_{\mathrm{vib}}=\sum_{j}\left[P_{j}^{2} /\left(2 \mu_{j}\right)+\frac{1}{2} \mu_{j} \omega_{j}^{2} Q_{j}^{2}\right]
$$

$P_{j}$ is the momenta conjugate to $Q_{j}$ and the sum $j$ is taken over the modes $\theta, \varepsilon, 4,5$ and 6. Also, $E_{\theta}, E_{\varepsilon}, T_{y z}, T_{z x}$ and $T_{x y}$ are orbital operators, which can be defined in terms of an orbital $l=1$ by

$$
\begin{array}{lc}
E_{\theta}=\frac{1}{2}\left[3 l_{z}^{2}-l(l+1)\right] & E_{\varepsilon}=(\sqrt{3} / 4)\left(l_{+}^{2}+l_{-}^{2}\right) \\
T_{y z}=(\sqrt{3} / 4)\left(l_{y} l_{z}+l_{z} l_{y}\right) & \text { etc. } \tag{2.2}
\end{array}
$$

$V_{\mathrm{E}}$ and $V_{\mathrm{T}}$ are the e-and $\mathrm{t}_{2}$-type ion-lattice coupling constants, and the $\mu_{j}$ are the masses and the $\omega_{j}$ the frequencies of each mode $j$. It will be assumed that all $\mu_{j}=\mu$ and that $\omega_{\theta}=\omega_{\varepsilon}=\omega_{\mathrm{E}}$ and $\omega_{4}=\omega_{5}=\omega_{6}=\omega_{\mathrm{T}}$. The orbital basis states will be defined to be $|x\rangle$, $|y\rangle$ and $|z\rangle$ where, in terms of the $m_{l}$ values of an orbital $l=1$,
$|z\rangle=|0\rangle \quad|x\rangle=-(1 / \sqrt{2})(|1\rangle-|-1\rangle) \quad|y\rangle=(\mathrm{i} / \sqrt{2})(|1\rangle+|-1\rangle)$.
In the standard JT theories of, for example, Ham (1965), Öpik and Pryce (1957) and Bersuker and Polinger (1974), the $Q_{i}$ in the Hamiltonian (2.1) are treated as dynamic variables. The Hamiltonian is then diagonalised in the adiabatic limit (in which the $P_{j}$ terms are neglected), to produce eigenstates of energy $E=E\left(Q_{j}\right)$. Values of the $Q_{j}$ are then chosen to minimise $E$. If the e-type couplings are strongest, there are found to be three sets of $Q_{j}$ which minimise $E$, each of which defines a well whose minimum lies along a tetragonal axis in $Q$-space ( $\mathrm{T} \otimes \mathrm{e}$ JT effect). If the $\mathrm{t}_{2}$-type couplings are strongest, there are four sets of $Q_{i}$, each of which defines a well along trigonal axes in $Q$-space ( $\mathrm{T} \otimes \mathrm{t} \boldsymbol{J T}$ effect). In addition, there are six solutions corresponding to saddle points along orthorhombic axes, which can become minima in the presence of quadratic couplings $\left(T \otimes\left(e+t_{2}\right) J T\right.$ effect $)$.

There are three orbital states associated with each well, which are multiplied by harmonic-oscillator-type functions to produce vibronic phonon states. The states associated with the lowest-energy set of wells are good eigenstates of $\mathscr{H}$ if the coupling is very strong. For weaker couplings, the states localised in the trigonal and orthorhombic wells are not orthogonal to each other, and do not have cubic symmetry. However, combinations of the states can be taken which are orthogonal and cubic, and can be shown to be good eigenstates of $\mathscr{H}$. This splits the degeneracy of the wells, and produces a $T_{1}$ triplet ground state and $\mathrm{A}_{2}$ singlet excited state for $\mathrm{T} \otimes \mathrm{t}$ JT systems and a $\mathrm{T}_{1}$ triplet ground state and $T_{2}$ triplet excited state for $T \otimes\left(e+t_{2}\right)$ JT systems. It is not necessary to take cubic combinations of the states for $\mathrm{T} \otimes \mathrm{e}$ JT systems.

The main drawback of the above theories is that the $Q_{j}$ are treated as dynamic constants rather than as quantum-mechanical operators. This is overcome in the theory of Bates et al (1987) by writing the $Q_{j}$ in terms of second-quantised phonon operators. A unitary transformation $U$ is then applied to $\mathscr{H}$, where

$$
\begin{equation*}
U=\exp \left(\mathrm{i} \sum_{j} \alpha_{j} P_{j}\right) \tag{2.4}
\end{equation*}
$$

and $j$ is summed over the modes $\theta, \varepsilon, 4,5$ and 6 , and the $\alpha_{j}$ are free parameters. The transformed Hamiltonian $\tilde{\mathscr{H}}\left(=U^{-1} \mathscr{H} U\right)$ is then split into three parts, viz.

$$
\begin{equation*}
\tilde{\mathscr{H}}=\overline{\mathscr{H}}_{1}+\tilde{\mathscr{H}}_{2}^{\prime}+\tilde{\mathscr{H}}_{\mathrm{vib}} \tag{2.5}
\end{equation*}
$$

where $\tilde{\mathscr{H}}_{\text {vib }}=\mathscr{H}_{\text {vib }}$ and

$$
\begin{align*}
\tilde{\mathscr{H}}_{1}= & -\hbar\left[V_{\mathrm{E}}\left(E_{\theta} \alpha_{\theta}+E_{\varepsilon} \alpha_{\varepsilon}\right)+V_{\mathrm{T}}\left(T_{y z} \alpha_{4}+T_{z x} \alpha_{5}+T_{x y} \alpha_{6}\right)\right] \\
& \quad+\frac{1}{2} \hbar^{2} \sum_{j} \mu_{j} \omega_{j}^{2} \alpha_{j}^{2}+\frac{1}{2} \sum_{j} \hbar \omega_{j}  \tag{2.6}\\
\tilde{\mathscr{H}}_{2}^{\prime}= & \mathscr{H}_{\mathrm{int}}-\sum_{j} \hbar \mu_{j} \omega_{j}^{2} \alpha_{j} Q_{j}
\end{align*}
$$

(for $j=\theta, \varepsilon, 4,5$ and 6). The Hamiltonian $\tilde{\mathscr{H}}_{1}$ is independent of the $Q_{j}$ while $\tilde{\mathscr{H}}_{2}^{\prime}$ describes coupling to excited phonon states. Hence $\mathscr{H}_{1}$ is a good Hamiltonian for determining ground states of $\tilde{\mathscr{H}}$.

The Hamiltonian $\tilde{\mathscr{H}}_{1}$ is essentially the same as the original untransformed Hamiltonian with $Q_{j}=-\alpha_{j} \hbar$. The energy of its eigenstates can be minimised to produce wells at fixed values of $\alpha_{j}$, which are equivalent to those obtained previously if the substitution $Q_{j}=-\alpha_{j} \hbar$ is made. However, the method has the advantage over standard approaches that the Hamiltonian $\mathscr{H}_{\text {vib }}$ can then be included to produce phonon excited states automatically. For $\mathrm{T} \otimes \mathrm{t}$ and $\mathrm{T} \otimes\left(\mathrm{e}+\mathrm{t}_{2}\right) \mathrm{JT}$ systems, the vibronic states can then be further improved by including $\mathscr{H}_{2}^{\prime}$ via perturbation theory. This gives rise to so-called anisotropic effects in a simple manner (Dunn and Bates 1989a).

Each of the tetragonal wells will be labelled by an index $k=1$ to 3 and each of the trigonal wells by $k=1$ to 4 . The values of the $\alpha_{j}$ for the tetragonal and trigonal wells, which will be called $\alpha_{j}^{(k)}$, are given in the Appendix. The vibronic ground states associated with each well will be written in the form $\left|X_{0}^{(k)} ; 0\right\rangle$, where $X_{0}^{(k)}$ is the orbital state and the ' 0 ' indicates that there are no phonon excitations present. The exact forms of the $X_{0}^{(k)}$ are given in the Appendix, together with the two orbital excited states associated with each well, called $X_{1}^{(k)}$ and $X_{2}^{(k)}$. The corresponding phonon excited states will be written in the form $\left|X_{i}^{(k)} ; \theta^{p} \varepsilon^{q} 4^{r} 5^{s} 6^{i}\right\rangle(i=0,1$ or 2$)$, where $\theta^{p}$ denotes the presence of $p \theta$-type excitations, etc. The excited phonon states have energy $(p+q) \hbar \omega_{\mathrm{E}}+(r+s+t) \hbar \omega_{\mathrm{T}}$ with respect to the 'zero-phonon' orbital states.

The states $\left|X_{i}^{(k)} ; 0\right\rangle$ and $\left|X_{i}^{(k)} ; \theta^{p} \varepsilon^{q} 4^{r} 5^{s} 6^{t}\right\rangle$ are approximate eigenstates of the transformed Hamiltonian. States appropriate to the untransformed Hamiltonian must be obtained by multiplying these states by the unitary transformation $U$ appropriate to the well concerned, which will be called $U_{k}$. The momenta $P_{j}$ will be written in terms of phonon creation and annihilation operators $b_{j}^{+}$and $b_{j}$, such that (Bates et al 1987)

$$
U_{k}=\exp \left(\sum_{j} C_{j}^{(k)}\left(b_{j}-b_{j}^{+}\right)\right)
$$

where

$$
\begin{equation*}
C_{j}^{(k)}=-\left(\frac{1}{2} \hbar \mu \omega_{i}\right)^{1 / 2} \alpha_{j}^{(k)} . \tag{2.7}
\end{equation*}
$$

The untransformed ground states are written in the form $\left|X_{i}^{(k) \prime} ; 0\right\rangle\left(=U_{k}\left|X_{i}^{(k)} ; 0\right\rangle\right)$ etc. It should be noted that, as the $U_{k}$ contain phonon operators, these states now include phonon excitations.

As with previous approaches, the untransformed ground states localised in the trigonal and orthorhombic wells are not orthogonal to each other, so cubic combinations of them must be constructed that are good eigenstates of $\mathscr{H}$ (Dunn 1988). The resulting cubic states for the $\mathrm{T} \otimes \mathrm{t} \mathrm{JT}$ system excluding anisotropy are given in the Appendix. The anisotropic states corrected to account for $\mathscr{H}_{2}^{\prime}$ are given in Dunn and Bates (1989a).

## 3. Reduction factors for $\mathrm{T} \otimes \mathrm{e} . \boldsymbol{J}$ systems

### 3.1. First-order reduction factors

First-order JT reduction factors will be calculated for orbital operators transforming as $T_{1}, T_{2}$ and $E$ under $T_{d}$ symmetry. The reduction factor for $T_{1}$ operators, which will be called $K^{\mathrm{e}}\left(\mathrm{T}_{1}\right)$, can be calculated using the operator $l_{x}$, for example. The reduction factor is then defined by the relation

$$
\begin{equation*}
K^{\mathrm{e}}\left(T_{1}\right)=\left\langle y^{\prime} ; 0\right| l_{x}\left|z^{\prime} ; 0\right\rangle /\langle y| l_{x}|z\rangle \tag{3.1}
\end{equation*}
$$

The required matrix elements can be evaluated using the techniques and equations of Dunn (1988), to show that

$$
\begin{equation*}
K^{\mathrm{e}}\left(\mathrm{~T}_{1}\right)=S_{\mathrm{e}} \tag{3.2}
\end{equation*}
$$

where $S_{\mathrm{e}}$ is the overlap between two tetragonal wells (see Appendix). The reduction factor for $\mathrm{T}_{2}$ operators $K^{\text {e }}\left(\mathrm{T}_{2}\right)$ can be defined in a similar manner and calculated using a suitable operator transforming as $\mathrm{T}_{2}$ (such as $T_{y z}$ ). It can thus be seen that

$$
\begin{equation*}
K^{\mathrm{e}}\left(\mathrm{~T}_{2}\right)=S_{\mathrm{e}} \tag{3.3}
\end{equation*}
$$

The E-type reduction operator, calculated using the operator $E_{\theta}$, is

$$
\begin{equation*}
K^{\mathrm{c}}(\mathrm{E})=1 \tag{3.4}
\end{equation*}
$$

As expected, the above results are identical to the exact analytical results of Ham (1965).

### 3.2. Second-order reduction factors

In JT systems, a perturbation $V$ often has non-zero matrix elements between the vibronic ground and excited states. The effect of such contributions may be equated to that of an effective Hamiltonian in orbital ( $l=1$ ) and spin operators acting between purely orbital
ground states. The constants multiplying the terms in this effective Hamiltonian are the second-order reduction factors. In this paper, second-order reduction factors will be calculated for spin-orbit coupling $\lambda l . S$. The operator describing the second-order perturbation is then

$$
\begin{equation*}
V=-\sum_{n} P_{0} \lambda l . S P_{n} \lambda l . S P_{0} / E_{n} \tag{3.5}
\end{equation*}
$$

where $P_{0}$ is the projection operator for the ground states $\left|x^{\prime} ; 0\right\rangle,\left|y^{\prime} ; 0\right\rangle$ and $\left|z^{\prime} ; 0\right\rangle$ and $P_{n}$ for all excited vibronic states consisting of $p \theta$-type phonon excitations and $q \varepsilon$-type excitations such that $p+q=n$ (with $n \geqslant 1$ ). For simplicity, it will be assumed that the energy of these excited states relative to the ground state is $E_{n}=(p+q) \hbar \omega_{\mathrm{E}}$.

To evaluate the effect of $V$, expressions such as
$\left\langle X_{0}^{(l) \prime} ; 0\right| \boldsymbol{l} . \boldsymbol{S}\left|X_{0}^{(k)^{\prime}} ; \theta^{p} \varepsilon^{q}\right\rangle=\left\langle X_{0}^{(l)}\right| \boldsymbol{l} . \boldsymbol{S}\left|X_{0}^{(k)}\right\rangle\langle 0| U_{l}^{+} U_{k}\left|\theta^{p} \varepsilon^{q}\right\rangle$
must be evaluated. The above phonon matrix element can be calculated using the techniques of Dunn (1988), with the result that

$$
\begin{equation*}
\langle 0| U_{l}^{+} U_{k}\left|\theta^{p} \varepsilon^{q}\right\rangle=S_{\mathrm{c}}\left(D_{\theta}^{(k l)}\right)^{p}\left(D_{\varepsilon}^{(k l)}\right)^{q} /(p!q!)^{1 / 2} \tag{3.7}
\end{equation*}
$$

where

$$
D_{i}^{(k l)}=C_{i}^{(k)}-C_{i}^{(l)} .
$$

The effect of $V$ can then be calculated by substituting into (3.5) and summing over all multiple excitations of $\theta$ and $\varepsilon$.

Spin-orbit coupling may be described up to second order by the effective Hamiltonian

$$
\begin{equation*}
\mathscr{H}_{\mathrm{so}}=\mathscr{H}_{\mathrm{so}}^{(1)}+\mathscr{H}_{\mathrm{so}}^{(2)} \tag{3.8}
\end{equation*}
$$

where

$$
\begin{aligned}
\mathscr{H}_{\mathrm{so}}^{(1)}= & \gamma \lambda l \cdot \boldsymbol{S} \\
\mathscr{H}_{\mathrm{so}}^{(2)}= & \lambda^{2}\left[b(l \cdot S)^{2}+c\left(E_{\theta} E_{\theta}^{\mathrm{s}}+E_{\varepsilon} E_{\varepsilon}^{\mathrm{s}}\right)+d\left(L_{y z} S_{y z}+L_{z x} S_{z x}+L_{x y} S_{x y}\right)\right. \\
& \quad+e l(l+1) S(S+1)]
\end{aligned}
$$

where $L_{y z}=l_{y} l_{z}+l_{z} l_{y}$ and where $E_{\theta}^{\varsigma}=E_{\theta}$ with $l$ replaced by $S$, etc., using orbital basis states $|x\rangle,|y\rangle$ and $|z\rangle$.

The matrix elements of (3.8) can be compared to those of $V$ to show that $\gamma, b, c, d$ and $e$ must satisfy the relations:
$\gamma=K^{e}\left(\mathrm{~T}_{1}\right) \quad b=-f_{\mathrm{a}}^{e} \quad c=4 e=\frac{2}{3}\left(f_{\mathrm{a}}^{e}-f_{\mathrm{b}}^{e}\right) \quad d=0$
where $f_{\mathrm{a}}^{\mathrm{e}}$ and $f_{\mathrm{b}}^{\mathrm{e}}$ are the second-order reduction factors

$$
f_{\mathrm{a}}^{\mathrm{e}}=S_{\mathrm{e}}^{2} H_{\mathrm{E}}(X) \quad \text { and } \quad f_{\mathrm{b}}^{\mathrm{e}}=S_{\mathrm{e}}^{2} H_{\mathrm{E}}(2 X)
$$

where

$$
\begin{equation*}
X=6\left(K_{\mathrm{E}} / \hbar \omega_{\mathrm{E}}\right)^{2} \tag{3.10}
\end{equation*}
$$

and

$$
\begin{equation*}
H_{j}(Z)=\frac{1}{\hbar \omega_{j}} \sum_{m=1}^{\infty} \frac{Z^{m}}{m(m!)} \tag{3.11}
\end{equation*}
$$

The sum over $\theta$ and $\varepsilon$ has been reduced to a sum over one index only by use of the relation (Ham 1965)

$$
\begin{equation*}
\sum_{p, q}^{\infty} \frac{y^{p} z^{q}}{(p+q) p!q!}=\sum_{n=1}^{\infty} \frac{(y+x)^{n}}{n(n!)} \tag{3.12}
\end{equation*}
$$

where the sum over $p$ and $q$ excludes $p=q=0$. The term in $e$ in $\mathscr{H}_{\mathrm{so}}$ is included to ensure that the trace of the Hamiltonian is zero. The expressions obtained for the reduction factors are again identical to the exact analytical results of Ham (1965).

## 4. Reduction factors for $\mathbf{T} \otimes t_{\mathrm{JT}}$ systems

### 4.1. First-order reduction factors

First-order JT reduction factors for $\mathrm{T} \otimes \mathrm{t} \boldsymbol{\mathrm { JT }}$ systems can be calculated using similar procedures to those used for $\mathrm{T} \otimes \mathrm{e} \mathrm{JT}$ systems above, using both the simple states given in the Appendix and the more complicated anisotropic states which take account of $\tilde{\mathscr{H}}_{2}^{\prime}$. Without the anisotropic corrections, it is found that

$$
\begin{equation*}
K^{\mathrm{t}}(\mathrm{E})=K^{\mathrm{t}}\left(\mathrm{~T}_{1}\right)=\frac{16}{3} N_{\mathrm{Tt}}^{2} S_{\mathrm{t}} \quad \text { and } \quad K^{\mathrm{t}}\left(\mathrm{~T}_{2}\right)=\frac{8}{3} N_{\mathrm{Tt}}^{2}\left(1+S_{\mathrm{t}}\right) \tag{4.1}
\end{equation*}
$$

where $N_{\mathrm{Tt}}$ is the normalisation factor for the cubic $\mathrm{T}_{1}$ states defined in the Appendix. There is a non-zero matrix element between the $\mathrm{T}_{1}$ ground and the $\mathrm{A}_{2}$ tunnelling states, namely

$$
\begin{equation*}
\left\langle\mathrm{A}_{2}\right| \mathrm{T}_{2}\left|\mathrm{~T}_{1}\right\rangle=\frac{8}{3} N_{\mathrm{Tt}} N_{\mathrm{At}}\left(1-S_{\mathrm{t}}\right) . \tag{4.2}
\end{equation*}
$$

The coupling between the states will not be expressed in terms of a reduction factor because the $A_{2}$ state cannot be modelled by an effective Hamiltonian within $l=1$. However, the matrix element can be of significance when considering the effect of noncubic perturbations such as strain. If the calculations are performed using the anisotropic states of Dunn and Bates (1989a), it is found that

$$
\begin{aligned}
& K^{\mathrm{t}}\left(\mathrm{~T}_{1}\right)=\frac{16}{3} \mathcal{N}_{\mathrm{Tt}}^{2} S_{\mathrm{t}}\left(1-f_{1}\right) \\
& K^{\mathrm{t}}\left(\mathrm{~T}_{2}\right)=\frac{8}{3} \mathcal{N}_{\mathrm{Tt}}^{2}\left[\left(1-f_{2}\right)+S_{\mathrm{t}}\left(1-f_{3}\right)\right] \\
& K^{\mathrm{t}}(\mathrm{E})=\frac{16}{3} \mathcal{N}_{\mathrm{Tt}}^{2} S_{\mathrm{t}}\left(1-f_{4}\right)
\end{aligned}
$$

and

$$
\begin{equation*}
\left\langle\mathrm{A}_{2}\right| \mathrm{T}_{2}\left|\mathrm{~T}_{1}\right\rangle=\frac{8}{3} \mathcal{N}_{\mathrm{Tt}} \mathcal{N}_{\mathrm{At}}\left[\left(1-f_{2}\right)-S_{\mathrm{t}}\left(1-f_{3}\right)\right] \tag{4.3}
\end{equation*}
$$

where

$$
\begin{align*}
& f_{1}=\frac{1}{81}(1-x)\left[5+\frac{55}{4} x+16 /(1+x)-2 / x\right] \\
& f_{2}=\frac{1}{4} x(1-x) \\
& f_{3}=-\frac{1}{81}(1-x)\left[-15-\frac{13}{4} x+32 /(1+x)+18 / x\right]  \tag{4.4}\\
& f_{4}=\frac{1}{81}(1-x)\left[\frac{1}{2}+\frac{73}{4} x+16 /(1+x)-2 / x\right]
\end{align*}
$$

with

$$
x=1-3 E_{\mathrm{T}} /\left(3 E_{\mathrm{T}}+\hbar \omega_{\mathrm{T}}\right)
$$

where $E_{\mathrm{T}}$ is the JT energy defined in the Appendix. $\mathcal{N}_{\mathrm{Tt}}$ and $\mathcal{N}_{\mathrm{At}}$ are the normalisation


Figure 1. Variation of the first-order reduction factors $K^{4}(\mathrm{E}), K^{4}\left(\mathrm{~T}_{1}\right), K^{4}\left(\mathrm{~T}_{2}\right)$ and $\left\langle\mathrm{A}_{2}\right| \mathrm{T}_{2}\left|\mathrm{~T}_{1}\right\rangle$ as a function of $K_{\mathrm{T}} / \hbar \omega_{\mathrm{T}}$. The long broken curves (- - ) are the results for the calculations without anisotropy and the full curves (-) with anistropy. The short broken curves (----) are the numerical results of Caner and Englman (1966).
factors for the anisotropic $\mathrm{T}_{1}$ and $\mathrm{A}_{2}$ states, respectively, whose values can be obtained by replacing $S_{\mathrm{t}}$ by $\mathscr{S}_{\mathrm{t}}$ in the definitions (A.11), where (Dunn and Bates 1989a)

$$
\begin{equation*}
\mathscr{S}_{\mathrm{t}}=S_{\mathrm{t}}\left\{1+\frac{2}{81}(1-x)[2-17 x+64 /(1+x)+1 / x]\right\} \tag{4.5}
\end{equation*}
$$

(to order $\delta^{2}$ in perturbation theory).
The above results have been expressed in terms of the variable $x$ because $x \rightarrow 0$ in the infinite-coupling limit. It is thus easy to see that $K^{\mathrm{t}}(\mathrm{E})$ and $K^{\mathrm{t}}\left(\mathrm{T}_{1}\right) \rightarrow 0$ and $K^{\mathrm{t}}\left(\mathrm{T}_{2}\right)$ and $\left\langle\mathrm{A}_{2}\right| \mathrm{T}_{2}\left|\mathrm{~T}_{1}\right\rangle \rightarrow \frac{2}{3}$ in this limit. These results agree with the well known results of, for example, Lister and O'Brien (1984). If the coupling is slightly less strong,

$$
\begin{equation*}
K^{\mathrm{t}}\left(\mathrm{~T}_{2}\right)=\left\langle\mathrm{A}_{2}\right| \mathrm{T}_{2}\left|\mathrm{~T}_{1}\right\rangle=\frac{2}{3}\left(1-3 f_{2}\right) \tag{4.6}
\end{equation*}
$$

with anisotropy, showing that the limit of $\frac{2}{3}$ for $K\left(\mathrm{~T}_{2}\right)$ is approached from below. This deviation has only previously been observed using numerical methods (Caner and Englman 1966, Sakamoto 1984). Even though the transformation method is only strictly valid in regions of strong coupling, it can be shown that the reduction factors tend to the correct limits in zero coupling. It is thus reasonable to assume that they are good over all coupling strengths.

It is useful to plot the variation of the above reduction factors as a function of $K_{\mathrm{t}} / \hbar \omega_{\mathrm{T}}$. Figure 1 shows the variation of both the simple and anisotropic expressions for the three reduction factors and the matrix element $\left\langle\mathrm{A}_{2}\right| \mathrm{T}_{2}\left|\mathrm{~T}_{1}\right\rangle$. The results of Caner and Englman (1966) have also been reproduced. It can be seen that the agreement between our results and those of Caner and Englman is generally good, especially when the anisotropic corrections are included. However, Caner and Englman obtain a significant splitting between $K^{\mathrm{l}}\left(\mathrm{T}_{1}\right)$ and $K^{\mathrm{t}}(\mathrm{E})$ in moderate coupling, whereas our method gives only a very small splitting (to order $\delta^{2}$ in perturbation theory). Group-theoretical calculations (Leung and Kleiner 1974) and symmetry considerations (Sakamoto and

Muramatsu 1978) predict a splitting between the two reduction factors, although the magnitude of the splitting is not known.

Our expressions for the reduction factors do not resemble those given by Ham (1965), which were calculated in weak coupling and then extrapolated to stronger couplings. Further discussions on the validity of Ham's results are given by Bersuker (1984) and Bersuker and Polinger $(1983,1984)$.

Leung and Kleiner (1974) used group theory to show that there is a relation between the three first-order reduction factors for this system, viz.

$$
\begin{equation*}
K^{\mathrm{t}}(\mathrm{E})+\frac{3}{2}\left[K^{\mathrm{t}}\left(\mathrm{~T}_{2}\right)-K^{\mathrm{t}}\left(\mathrm{~T}_{1}\right)\right]=1-3 f\left(\mathrm{~T}_{1}\right) \tag{4.7}
\end{equation*}
$$

where $f\left(\mathrm{~T}_{1}\right)$ is small and positive. Our expressions satisfy this condition, with $f\left(\mathrm{~T}_{1}\right)=0$ in the absence of anisotropy and

$$
\begin{equation*}
f\left(\mathrm{~T}_{1}\right)=\frac{1}{3} \mathcal{N}^{2} \mathrm{~T}_{\mathrm{t}}(1-x)\left[x-\frac{1}{81} S_{\mathrm{t}}(-28+45 x+64 / x)\right] \tag{4.8}
\end{equation*}
$$

when anisotropic corrections are included.

### 4.2. Second-order reduction factors

The calculation of second-order reduction factors for spin-orbit coupling in $T \otimes t$ JT systems proceeds exactly as in $\S 3.2$ for the $\mathrm{T} \otimes$ e JT problem. The reduction factors will be calculated assuming no anisotropy in the cubic states, owing to the difficulties involved in obtaining a full set of anisotropic excited states. The $\mathrm{A}_{2}$ tunnelling state takes no part in the calculations as it is coupled to the $\mathrm{T}_{1}$ states by a $\mathrm{T}_{2}$ operator only. $P_{0}$ is now the projection operator for the states $\left|\mathrm{T}_{1} x t\right\rangle,\left|\mathrm{T}_{1} y t\right\rangle$ and $\left|\mathrm{T}_{1} z t\right\rangle$ defined by equation (A.10). For simplicity, the $P_{n}$ are constructed from the set of excited phonon states $\left|a^{\prime} ; 4^{r} 5^{5} 6^{t}\right\rangle$, $\left|b^{\prime} ; 4^{r} 5^{s} 6^{t}\right\rangle,\left|c^{\prime} ; 4^{r} 5^{s} 6^{t}\right\rangle$ and $\left|d^{\prime} ; 4^{r} 5^{s} 6^{r}\right\rangle$, rather than from fully cubic states. This approximation will be good in strong coupling, where the overlap between the states is small.

It is necessary to evaluate matrix elements such as

$$
\begin{equation*}
\left\langle X_{0}^{(n)} ; 0\right| \boldsymbol{l} \cdot \boldsymbol{S}\left|X_{0}^{(k) \prime} ; 4^{r} 5^{s} 6^{t}\right\rangle \tag{4.9}
\end{equation*}
$$

which is a product of the electronic matrix element

$$
\begin{align*}
\left\langle X_{0}^{(l)}\right| \boldsymbol{l} \cdot \boldsymbol{S}\left|X_{0}^{(k)}\right\rangle & =(\mathrm{i} / 3)\left[\left(\sigma_{5}^{(k)} \sigma_{6}^{(l)}-\sigma_{6}^{(k)} \sigma_{5}^{(l)}\right) S_{x}\right. \\
& \left.+\left(\sigma_{6}^{(k)} \sigma_{4}^{(l)}-\sigma_{4}^{(k)} \sigma_{6}^{(l)}\right) S_{y}+\left(\sigma_{4}^{(k)} \sigma_{5}^{(l)}-\sigma_{5}^{(k)} \sigma_{4}^{(l)}\right) S_{z}\right] \tag{4.10}
\end{align*}
$$

and the oscillator matrix element
$\langle 0| U_{l}^{+} U_{k}\left|4^{r} 5^{s} 6^{r}\right\rangle=S_{t}\left(D_{4}^{(k l)}\right)^{r}\left(D_{5}^{(k l)}\right)^{s}\left(D_{6}^{(l k)}\right)^{t} /(r!s!t!)^{1 / 2}$.
An appropriate combination of the $\left\langle X_{0}^{(l)} ; 0\right|$ vectors must then be taken to form $\left\langle\mathrm{T}_{1} x \mathrm{t}\right| \boldsymbol{l} . \boldsymbol{S}\left|X_{0}^{(k)} ; 4^{r} 5^{s} 6^{t}\right\rangle$, etc. Combinations of the matrix elements must then be summed over $r, s$ and $t$ to cover all excited states. After much algebraic manipulation, it is found that the spin-orbit coupling may again be described by the effective Hamiltonian (3.8). There are two possible solutions for $\gamma, b, c, d$ and $e$.

In the first solution, $\gamma$ contains the first-order reduction factor contribution only, i.e. $\gamma=K^{\mathrm{t}}\left(\mathrm{T}_{1}\right)$. The other parameters are defined by

$$
\begin{equation*}
b=-4 N_{\mathrm{Tt}}^{2} f_{\mathrm{a}}^{\mathrm{t}} \quad c=0 \quad d=e=N_{\mathrm{Tt}}^{2}\left(f_{\mathrm{a}}^{\mathrm{t}}-f_{\mathrm{b}}^{\mathrm{t}}\right) \tag{4.12}
\end{equation*}
$$

where $f_{\mathrm{a}}^{\mathrm{t}}$ and $f_{\mathrm{b}}^{\mathrm{t}}$ are the second-order reduction factors
$f_{\mathrm{a}}^{\mathrm{t}}=\frac{16}{9} S_{\mathrm{t}}^{2} H_{\mathrm{T}}(Y) \quad$ and $\quad f_{\mathrm{b}}^{\mathrm{t}}=\frac{16}{9} S_{\mathrm{t}}^{2} H_{\mathrm{T}}(2 Y)$


Figure 2. Variation of the second-order factors $\hbar \omega_{\mathrm{T}} N_{\mathrm{T} t}^{2} f_{\mathrm{a}}^{t}$ and $\hbar \omega_{\mathrm{T}} N_{\mathrm{T} t}^{2} f_{\mathrm{b}}^{\mathrm{t}}$ as a function of $K_{\mathrm{T}} / \hbar \omega_{\mathrm{T}}$. The first-order reduction factors $K^{\mathrm{t}}\left(\mathrm{T}_{1}\right)$ and $K^{\mathrm{t}}(\mathrm{E})$ have also been reproduced.
with $Y=\frac{16}{9}\left(K_{\mathrm{T}} / \hbar \omega_{\mathrm{T}}\right)^{2}$ and $H_{\mathrm{T}}(Z)$ defined by (3.11). Again, use has been made of the condition (3.12) to reduce the reduction factors to sums over one index.

In the second solution, $\gamma$ is a combination of both first- and second-order terms, such that
$\gamma=K^{\mathrm{t}}\left(\mathrm{T}_{1}\right)+\lambda N_{\mathrm{Tt}}^{2}\left(f_{\mathrm{a}}^{\mathrm{t}}-f_{\mathrm{b}}^{\mathrm{t}}\right)$
$b=-2 N_{\mathrm{Tt}}^{2}\left(f_{\mathrm{a}}^{\mathrm{t}}+f_{\mathrm{b}}^{\mathrm{t}}\right) \quad c=-4 e=-\frac{4}{3} N_{\mathrm{Tt}}^{2}\left(f_{\mathrm{a}}^{\mathrm{t}}-f_{\mathrm{b}}^{\mathrm{t}}\right) \quad d=0$.
As for $\mathrm{T} \otimes \mathrm{e}$ JT systems, the terms in $e$ in both forms of the effective Hamiltonian ensure that the trace of $\mathscr{H}_{\mathrm{so}}$ is zero.

Figure 2 shows the variation of $\hbar \omega_{\mathrm{T}} N_{\mathrm{Tt}}^{2} f_{\mathrm{a}}^{\mathrm{t}}$ and $\hbar \omega_{\mathrm{T}} N_{\mathrm{T} \mathrm{t}}^{2} f_{\mathrm{b}}^{\mathrm{t}}$ as a function of $K_{\mathrm{T}} / \hbar \omega_{\mathrm{T}}$. The first-order anisotropic reduction factors $K^{\prime}\left(\mathrm{T}_{1}\right)$ and $K^{\mathrm{t}}(\mathrm{E})$ have also been reproduced. As $\lambda \sim \hbar \omega$, it is clear that $\lambda N_{\mathrm{T}}^{2} f_{\mathrm{b}}^{\mathrm{t}}$ is significantly larger than $K^{\mathrm{t}}\left(\mathrm{T}_{1}\right)$ in strong coupling. Hence it is very important to include second-order terms when modelling specific strongly coupled JT systems by effective Hamiltonians. In particular, it can be seen that systems with a positive isomorphic constant can have a negative $\gamma$ with the second choice of parameters (4.14). (Note that contributions from excited orbital states such as those occurring in crystal-field theory must also be added to (3.8) when modelling experimental results.)

Two second-order reduction factors appear in $\mathscr{H}_{\mathrm{s} 0}$ for both $\mathrm{T} \otimes \mathrm{e}$ and $\mathrm{T} \otimes \mathrm{tJT}$ systems. The constant term and the term in $(\boldsymbol{l} . S)^{2}$ are also involved in both systems. However, with the first choice of parameters, only the E-type quadratic operators are involved in $\mathrm{T} \otimes \mathrm{e} \boldsymbol{J T}$ systems and only the $\mathrm{T}_{2}$-type quadratic operators in $\mathrm{T} \otimes \mathrm{t} \mathrm{JT}$ systems.

## 5. Discussion

It is not always a straightforward matter to distinguish between real $\mathrm{T} \otimes \mathrm{e}$ and $\mathrm{T} \otimes \mathrm{t} \mathrm{JT}$ systems from an examination of experimental data. The first-order $T_{1}$ reduction factors
for both sytems vary exponentially with the strength of the dominant type of coupling, so that it is difficult to use them to distinguish between the two systems. With the second form of effective Hamiltonian above (4.14), the coefficient $\gamma$ of $\lambda l \cdot S$ is always positive for $\mathrm{T} \otimes \mathrm{e}$ and $\mathrm{T} \otimes\left(\mathrm{e}+\mathrm{t}_{2}\right) \mathrm{JT}$ systems, but is negative for $\mathrm{T} \otimes \mathrm{t} J T$ systems in strong coupling (Dunn and Bates 1989b). This allows the $\mathrm{T} \otimes \mathrm{t} \mathrm{JT}$ system to be identified in certain cases.

One of the best ways of distinguishing between the three different orbital triplet JT systems is to apply an external perturbation, such as uniaxial stress along both the twoand threefold cluster axes. However, this identification is again not straightforward (Dunn and Bates 1988). Finite couplings to $\mathrm{t}_{2}$ modes in $\mathrm{T} \otimes \mathrm{e}$ JT systems and to e modes in $T \otimes t$ $\boldsymbol{T}$ systems cause further difficulties in these identifications.

## 6. Conclusions

The transformation method recently developed by the present authors has been extended to calculate both first- and second-order JT reduction factors for $\mathrm{T} \otimes \mathrm{e}$ and $\mathrm{T} \otimes \mathrm{t} T \mathrm{~T}$ systems. Although the results for $\mathrm{T} \otimes \mathrm{e}$ JTsystems are well known, the calculation was repeated to provide a useful check on the validity of the method. As expected, it was shown that the approach gives identical results to those of the exact analytical methods. First-order reduction factors for $\mathrm{T} \otimes \mathrm{t} \boldsymbol{J T s y s t e m s}$ were also calculated including so-called anisotropic effects via the addition of $\mathscr{H}_{2}^{\prime}$ using perturbation theory. It was shown that the results obtained are close to those of previous numerical calculations over all ranges of coupling strengths. The main difference between the results is that we obtain only a very small splitting between the E - and $\mathrm{T}_{1}$-type reduction factors. Work is currently in progress to determine if higher-order corrections will produce a larger splitting.

Second-order reduction factors were calculated using states localised in the wells as excited states and the simple isotropic cubic ground states. As far as the authors are aware, these reduction factors have not been calculated analytically before. The calculations are currently being repeated using cubic excited states. The effect of anisotropy on the second-order reduction factors can also be investigated.

Some years ago, one of the present authors (CAB) was involved in developing an alternative transformation method for $\mathrm{T} \otimes \mathrm{e}$ JT systems (Bates et al 1974). The method was different to that discussed here in that the transformation included orbital operators (Bates 1978). The present method is found to be simpler to operate than the previous method, and has the considerable advantage of being able to accommodate couplings to $t_{2}$ modes without difficulty (although this is not discussed here). The present method also applies to all three JT systems, while the original does not.

In the following paper (Dunn and Bates 1989b), first- and second-order reduction factors will be calculated for $T \otimes\left(e+t_{2}\right)$ JT systems.

## Acknowledgments

The authors wish to thank Dr B Clerjaud and Dr V Z Polinger for discussions on anisotropic effects in $T \otimes t$ JT systems, and Dr Polinger for comments on the original manuscript. They would also like to thank the DAAD for financial support to visit Professor E Sigmund at the University of Stuttgart, and the EEC for travel funds. One
of us (JLD) wishes to thank the SERC for a Research Fellowship.

## Appendix. Results for the tetragonal and trigonal wells

The unitary transformation method of Bates et al (1987) and Dunn (1988) predicts energy wells of tetragonal, trigonal and orthorhombic symmetries, whose minima are at positions $-\alpha_{j}^{(k)} \hbar$ in phonon-coordinate space, where

$$
\begin{equation*}
\alpha_{j}^{(k)}=-\left(V_{i} / \hbar \mu \omega_{j}^{2}\right) n_{j}^{(k)} . \tag{A.1}
\end{equation*}
$$

The values of $n_{j}^{(k)}$ for each of the tetragonal and trigonal wells are given below, together with the energies of the wells and the states localised in them. Results for the cubic tunnelling states of $\mathrm{T} \otimes \mathrm{t}$ JT systems are also given.

## Tetragonal wells

The tetragonal wells have $n_{4}^{(k)}=n_{5}^{(k)}=n_{6}^{(k)}=0$ and

$$
\begin{array}{ll}
n_{\theta}^{(1)}=-1 & n_{\varepsilon}^{(1)}=0 \\
n_{\theta}^{(2)}=n_{\theta}^{(3)}=\frac{1}{2} & n_{\varepsilon}^{(2)}=-n_{\varepsilon}^{(3)}=\sqrt{3} / 2 . \tag{A.2}
\end{array}
$$

The energy of the minima is the JT energy $-E_{\mathrm{E}}$, where

$$
\begin{equation*}
E_{\mathrm{E}}=4 K_{\mathrm{E}}^{2} / \hbar \omega_{\mathrm{E}} \quad \text { and } \quad K_{\mathrm{E}}=-V_{\mathrm{E}}\left(\hbar / 8 \mu \omega_{\mathrm{E}}\right)^{1 / 2} \tag{A.3}
\end{equation*}
$$

The three orbital states in each well have:
$X_{0}^{(1)}=z \quad X_{1}^{(1)}=x \quad$ and $\quad X_{2}^{(1)}=y$
$X_{0}^{(2)}=x \quad X_{1}^{(2)}=y \quad$ and $\quad X_{2}^{(2)}=z$
$X_{0}^{(3)}=y \quad X_{1}^{(3)}=z \quad$ and $\quad X_{2}^{(3)}=x$
where the excited states $\left|X_{1}^{(k)} ; 0\right\rangle$ and $\left|X_{2}^{(k)} ; 0\right\rangle$ are degenerate with each other and are $3 E_{\mathrm{E}}$ above the ground states. The oscillator overlap between any two of these wells is

$$
\begin{equation*}
S_{\mathrm{e}}=\exp \left[-6\left(K_{\mathrm{E}} / \hbar \omega_{\mathrm{E}}\right)^{2}\right] \tag{A.5}
\end{equation*}
$$

## Results for $T \otimes t_{J T}$ systems

The trigonal wells have $n_{\theta}^{(k)}=n_{\varepsilon}^{(k)}=0$ and $n_{j}^{(k)}=(1 / \sqrt{3}) \sigma_{j}^{(k)}$ for $j=4,5$ and 6, where

$$
\begin{array}{ll}
\sigma_{4}^{(1)}=\sigma_{5}^{(1)}=-\sigma_{6}^{(1)}=1 & -\sigma_{4}^{(3)}=\sigma_{5}^{(3)}=\sigma_{6}^{(3)}=1 \\
\sigma_{4}^{(2)}=\sigma_{5}^{(2)}=-\sigma_{6}^{(2)}=1 & -\sigma_{4}^{(4)}=\sigma_{5}^{(4)}=\sigma_{6}^{(4)}=1 . \tag{A.6}
\end{array}
$$

The energies of the minima of the wells are $-E_{\mathrm{T}}$, where
$E_{\mathrm{T}}=4 K_{\mathrm{T}}^{2} / 3 \hbar \omega_{\mathrm{T}} \quad$ and $\quad K_{\mathrm{T}}=V_{\mathrm{T}}\left(3 \hbar / 8 \mu \omega_{\mathrm{T}}\right)^{1 / 2}$.
The ground states in the wells have

$$
\begin{equation*}
X_{0}^{(k)}=(1 / \sqrt{3})\left(\sigma_{4}^{(k)} x+\sigma_{5}^{(k)} y+\sigma_{6}^{(k)} z\right) \tag{A.8}
\end{equation*}
$$

For simplicity, the notation $X_{0}^{(1)}=a, X_{0}^{(2)}=b, X_{0}^{(3)}=c$ and $X_{0}^{(4)}=d$ is used to label the four wells. The degenerate excited states in each well, which have energy $3 E_{\mathrm{T}}$ relative
to the ground states, are
$X_{1}^{(k)}=(1 / \sqrt{2})\left(-\sigma_{4}^{(k)} x+\sigma_{5}^{(k)} y\right) \quad X_{2}^{(k)}=(1 / \sqrt{6})\left(\sigma_{4}^{(k)}+\sigma_{5}^{(k)} y-2 \sigma_{6}^{(k)} z\right)$.
Cubic tunnelling states for this system consist of a $T_{1}$ triplet and $\mathrm{A}_{2}$ singlet for $\mathrm{T}_{1}$ ions. The $z$-type component of the triplet and the singlet states are (Dunn 1988)

$$
\begin{align*}
& \left|\mathrm{T}_{1} z \mathrm{t}\right\rangle=N_{\mathrm{Tt}}\left(-\left|a^{\prime} ; 0\right\rangle+\left|b^{\prime} ; 0\right\rangle+\left|c^{\prime} ; 0\right\rangle-\left|d^{\prime} ; 0\right\rangle\right) \\
& \left|\mathrm{A}_{2} \mathrm{t}\right\rangle=N_{\mathrm{At}}\left(\left|a^{\prime} ; 0\right\rangle+\left|b^{\prime} ; 0\right\rangle+\left|c^{\prime} ; 0\right\rangle+\left|d^{\prime} ; 0\right\rangle\right) \tag{A.10}
\end{align*}
$$

where

$$
\begin{equation*}
1=4 N_{T \mathrm{t}}^{2}\left(1+\frac{1}{3} S_{\mathrm{t}}\right) \quad \text { and } \quad 1=4 N_{\mathrm{At}}^{2}\left(1-S_{\mathrm{t}}\right) \tag{A.11}
\end{equation*}
$$

and $S_{\mathrm{t}}$ is the oscillator overlap between any two of the trigonal wells, which can be evaluated to (Dunn 1988)

$$
\begin{equation*}
S_{\mathrm{t}}=\exp \left[-\frac{16}{9}\left(K_{\mathrm{T}} / \hbar \omega_{\mathrm{T}}\right)^{2}\right] . \tag{A.12}
\end{equation*}
$$

The $x$ - and $y$-type states of the triplet can be found from the above by cyclically interchanging $x, y$ and $z$. The energies of the triplet and singlet are (Dunn 1988)
$E_{\mathrm{Tt}}=4 N_{\mathrm{Tt}}^{2}\left(E_{1 \mathrm{t}}\left(E_{1 \mathrm{t}}-S_{\mathrm{t}} E_{2 \mathrm{t}}\right) \quad\right.$ and $\quad E_{\mathrm{At}}=4 N_{\mathrm{At}}^{2}\left(E_{1 \mathrm{t}}+3 S_{\mathrm{t}} E_{2 t}\right)$
where

$$
\begin{align*}
& E_{1 \mathrm{t}}=\left\langle a^{\prime} ; 0\right| \mathscr{H}\left|a^{\prime} ; 0\right\rangle=-E_{\mathrm{T}}+\frac{3}{2} \hbar \omega_{\mathrm{T}}  \tag{A.14}\\
& E_{2 \mathrm{t}}=\left(1 / S_{\mathrm{t}}\right)\left\langle a^{\prime} ; 0\right| \mathscr{H}\left|b^{\prime} ; 0\right\rangle=\frac{7}{9} E_{\mathrm{T}}-\frac{1}{2} \hbar \omega_{\mathrm{T}} .
\end{align*}
$$

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